



## **Solano County Special Education Local Plan Area**

### Participants:

Benicia Unified School District  
Dixon Unified School District  
Fairfield-Suisun Unified School District  
Travis Unified School District  
Vacaville Unified School District  
Solano County Office of Education

### **Community Advisory Committee (CAC)**

Thursday, March 16, 2023

12:00 – 2:00 p.m.

Blue Rock Springs– SCOE

Persons wishing to address any item on the agenda may do so prior to action being taken on the agenda item by filling out a comment request card. Please limit comments to three minutes.

### **AGENDA**

#### **1. Call to Order**

#### **2. Approval of Agenda**

**ACTION**

#### **3. Consent Calendar Items**

**ACTION**

##### **3.1. Approval of Minutes – February 16, 2023**

#### **4. Tobias Weare – Person-Centered Thinking & Person-Centered Planning PRESENTATION**

#### **5. Community Input**

Public groups, site groups, and members of the public may address the CAC at this time. Members of the public will also be allowed the opportunity to speak to specific agenda items prior to CAC action. Statements are generally limited to three (3) minutes.

#### **6. Reports**

##### **6.1. Representative Reports**

**INFORMATION**

Benicia USD:

Dixon USD:

Fairfield-Suisun USD:

Travis USD:

Vacaville USD:

Northbay Regional Center:

Solano County Office of Ed:

#### **7. Old Business**

##### **7.1. CAC Budget**

**INFORMATION**

##### **7.2. Fund Raising Strategy Session/Planning**

**ACTION/DISCUSSION**

##### **7.3. 2022-23 Presentations**

**DISCUSSION**

##### **7.4. 2022-23 CAC Recognition Ceremony**

**DISCUSSION**

##### **7.5. Legislative Information Day**

**INFORMATION**

## **8. Local Plan Stakeholder Workgroup**

## **INFO/DISCUSSION**

Members of the public are welcome to provide input.

Click [here](#) to view the draft Local Plan Narrative.

## **Adjournment**

The next CAC meeting will be held on April 20, 2023

In compliance with the Americans with Disabilities Act, for those requiring special assistance to access SELPA public meetings, to access written documents being discussed at the meetings, or to otherwise participate at SELPA public meetings, please contact the SELPA office at (707) 399-4460. Notification at least 72 hours prior to the meeting will enable the SELPA to make reasonable arrangements to ensure accessibility to the meeting and to provide any required accommodations, auxiliary aids, or services.

Any writings or documents that are public records and are provided to the SELPA Community Advisory Committee regarding an item on this agenda will be made available for public inspection in the Solano County SELPA office located at 5100 Business Center Dr., Fairfield, CA, during normal business hours. In addition, such writings and documents may be posted on the SELPA's website at [www.SolanoCountySELPA.net](http://www.SolanoCountySELPA.net)

**Community Advisory Committee Minutes  
February 16, 2023**

**Board Members Attending:**

**BUSD:** Absent

**NBRC:** Absent

**TUSD:** Kristie Ballard

**VUSD:** Monica Hurtado, Angel Hixson, Aumrey Moland, Kerry Pilley-Purcell

**SELPA:** Andrew Ownby, Delaney Chapman-Neevel, Shawna Becker

**FSUSD:** Shawn Hnatko, Nicole Smith

**SCOE:** Ilah Feeney

**DUSD:** Absent

**ABSENT** – Erin Biber, Yadira Rodriguez, Betty Jo Ortiz, Catherine Dailey, Deborah Sims, Brittany Wallace

**1. Call to Order** –Kerry Pilley-Purcell called the meeting to order at 12:01 p.m.

**2. Approval of the Agenda**

Move to approve the agenda

Motion by Nicole Smith, seconded by Kristie Ballard

Final Resolution: Motion Carries

Yea: Kristie Ballard, Aumrey Moland, Angel Hixson, Shawn Hnatko, Monica Hurtado, Nicole Smith, Kerry Pilley-Purcell

**3. Approval of Minutes of January 19, 2023**

Move to approve the minutes.

Motion by Nicole Smith, seconded by Kristie Ballard

Final Resolution: Motion Carries

Yea: Kristie Ballard, Aumrey Moland, Angel Hixson, Shawn Hnatko, Monica Hurtado, Nicole Smith, Kerry Pilley-Purcell

**4.** Alexis Lynch provided a Zoom presentation on Conservatorship.

**5. Community Input:** Tobias Weare from the State Council on Developmental Disabilities informed the committee about SB-483 regarding Non-Public Schools using prone restraints.

**6. Reports**

**6.1. Representative Reports**

**BUSD** – No Representative

**DUSD** – No Representative

**FSUSD** – Nicole Smith reported, per Stavros Gougoumis, that FSUSD staff are looking forward to the break next week as behaviors have escalated recently. The extent of social-emotional concerns continues. FSUSD has partnered with APA- an outside group of licensed school psychologists that offer a mentoring service to high school students with IEPs. They are paired with a virtual peer mentor. They are still in need of staff, although they have been able to contract paras and behavior techs from Matrix. The FSUSD FCMAT report is available online.

**TUSD** – Kristie Ballard reported that TUSD still has a staffing shortage. They have increased caseload numbers. They are looking for elementary RSP teachers, a behaviorist, and behavior assistants. They plan to attend several upcoming job fairs. They are also planning for ESY and the Special Olympics Track and Field event in April.

**VUSD** – Aumrey Moland reported that VUSD is hosting its 2<sup>nd</sup> Annual Early Education Extravaganza. This event provides families with information on school enrollment, kindergarten enrollment requirements, and community-

based resources. VUSD is providing staff with after-school PD opportunities. VUSD is looking at staffing projections for the 23/24 school year. They will also be attending the job fair at SCOE on 3/4/23.

**SCOE** – Ilah Feeney reported that SCOE is excited about the new Larsen Library opening after next week's break. They have also partnered with the Solano/Contra Costa Food Bank to provide opportunities for families to come and get food two times a month at Golden Hills and the Fairfield Adult School. The adult programs are having a Spring Fling dance on March 23<sup>rd</sup>. SCOE will also be attending the job fair in March.

**North Bay Regional Center (NBRC)** – Absent

**6.2 Assistant Superintendent's Report** –Andrew Ownby presented updates on new California state legislator/assembly bills and continuing litigation on cases before the supreme court. The CDE will be implementing annual IEP service data collection.

## **7. Old Business**

**7.1. CAC Budget** – Budget information was provided in the packets. No new information. No questions or concerns were reported.

**7.2. Fund Raising Strategy Session/Planning** – Nicole Smith presented the information for Mary's Pizza Shack fundraising. It was necessary for the committee to decide on dates for the fundraiser. We need to set it up and advertise. After discussion, it was decided that Nicole would try to set it up for a Thursday in May so it could be announced at our CAC Recognition Ceremony on May 1<sup>st</sup>.

**7.3. 2022-23 Presentations** – CAC presentations were needed for April and May. Julie Feliz from Matrix Parents offered to present the April presentation. Aumrey Moland questioned if we could get someone to do a presentation on programs for parents and students during the summer break. CAC may be able to provide information packets for parents on resources by May. Tobias Weare offered to do the May presentation on Emergency Preparedness.

**7.4. 2022-23 CAC Recognition Ceremony** – The SELPA has received nominations for students and staff from the Benicia USD, Fairfield-Suisun USD, SCOE, Travis USD, and the community. The deadline for nominations is March 15<sup>th</sup>. There have been no nominations by Dixon USD or Vacaville USD. SCOE adult transition program will be catering the event. They will provide 120-150 cookies for \$75. There was a robust discussion on the format of the event. Would it continue to be that everyone is recognized, but there are winners who get a plaque, or will everyone be equally recognized for their hard work? It was decided that everyone should get a certificate and a plaque. The volunteer signup sheet was sent around the table. Nicole Smith offered to recruit someone to develop the PowerPoint presentation for the awards ceremony.

**7.5 Legislative Information Day-** Andrew Ownby provided information regarding Legislative Information Day. It will be in person. It will be held Wednesday, May 3<sup>rd</sup>. The group that attends will start at Arden Faire Mall and make their way to the Capitol, where they will have the chance to speak with our regional representatives and lobby for the bills that impact special education. Only 4 people can go from our SELPA. Andrew said he might be able to stretch it to 5 if we bring a parent and student, as they have the most impact on legislators. Our SELPA is all in the same district now, so we will only have 1 Assembly member (Lori Wilson) and 1 Senator (Bill Dodd).

**8. Local Plan Stakeholder Workgroup**–Andrew Ownby shared the draft of the Local Plan Narrative and described some of the more important parts. It should be finalized by the next meeting.

Meeting adjourned at 1:29 p.m.

Meeting minutes were prepared by Shawna Becker and reviewed by Andrew Ownby.



# What is Person Centered Planning?

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Person Centered Planning is about CHOICE. It is a way of life, a philosophy, and a thinking process. It's about supporting individuals to make their own choices throughout the planning process! It focuses on finding new possibilities for each person striving to improve quality of life, emphasizing dreams, desires and meaningful experiences.

The law says individuals with intellectual and developmental disabilities (I/DD) will be provided support to be independent and productive as a member in their community while living where they are safe, healthy and know what to expect. Information will be provided to individuals in plain language so they can understand information to make decisions on their own choices. In California, we have the regional center system to help provide the support.

## Key points in Person Centered Planning Process

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- Choice
- Empowerment
- Support not Control
- Individualized yet a team approach of support – sometimes called a “Circle of Support”
- Personal Profile
- It's a process
- Value
- Thinking Outside the Box
- Respect



# An Intro to Person-Centered Thinking (PCT) & Person-Centered Planning (PCP)



... IT'S GOOD FOR HUMANS!





## Words and Acronyms We Use



- **IEP** - Individualized Education Program (school)
- **IPP** - Individual Program Plan (regional center)
- **PCP** - Person-Centered Planning
- **PCT** - Person-Centered Thinking

Using PCT and PCP is an ***approach*** to figuring out, planning for, and working toward your “preferred future”. Your preferred future is the stuff you want to do in the future!

# Person-Centered Thinking & Planning (PCT & PCP) in Plain Language



In plain language, Person-Centered Thinking is based on the idea that individuals who use supports and services should:

- Tell us how they want to live, in the ways they can
- Look at 'natural resources' (people, places, skills and tools) to have the life they want, or as close to it as possible
- Get the support to make the above happen!



# Person-Centered Thinking & Planning (PCT & PCP)

## (1 of 2)



A Person-Centered Plan will say:

- Here is what is important to me
- Here is how I want to live
- Here is how I want to be supported

*...A basic, and solid foundation!*



# Person-Centered Thinking & Planning (PCT & PCP)

## (2 of 2)



- A Person-Centered *Plan* (PCP) is a product of Person-Centered *Thinking*, and the Person-Centered *Planning Process*
- A Person-Centered *Plan* (PCP) can make the IPP or IEP you help create STRONG and SPEAK TO YOUR GOALS and STRENGTHS!
- Person-Centered Thinking skills are the most important to learn and practice-- *A plan means nothing without this*



# Person-Centered Thinking & Planning Values

## (1 of 2)



- YOU have a central role & choose who is involved
- Informed Choice
- Respecting all forms of communication
- Circles of Support
- Teamwork
- Accountability
- Presuming competence
- Respecting cultural & personal values

# Person-Centered Thinking & Planning Values

## (2 of 2)

The start of the PCP process starts with doing the work to discover and detail a person's ***preferred future***.

This starts with finding out about and holding up a person's:

- Life goals (long term)
- Capabilities
- Strengths
- Preferences
- Barriers
- Concerns
- Needs
- **What is important *to them* AND what is important *for them***



# The Value



- PCT and a PCP can help identify a person's unmet needs, short term goals, long term goals & what helps them thrive
- PCT and a PCP is helpful in evaluating a person's current situation/environment/activities/circle of support/life path and makes clearer what is valuable and what may need changing
- PCT and a PCP is key in managing risk and can be leaned on in a period of crisis



# Person-Centered v. Systems-Centered



*Person-Centered Thinking and Person-Centered Planning* is the alternative to what tends to be a default: *Systems-Centered Thinking and Systems-Centered Planning*



What are some examples of Systems-Centered Thinking and Planning?

## ...So, is a PCP the Individual Program Plan (IPP)?



- A Person-Centered Plan is NOT an IPP – however, a Person-Centered Plan is very beneficial in developing or updating an IPP
- Further, the ‘IPP team shall utilize a person-centered planning process to develop the IPP...’ Welfare & Institutions Code (WIC) Section 4685.8(k)
- Read more about what the Lanterman Act says about PCP: WIC Sections 4646(a) & 4646.5(c)



...So, is There One Right Way to Make a PCP?



**NO!**

However...

- There are best-practices and well-tested tools
- There is a variety of methods and tools to explore, available to anyone
- They all take TIME and PRACTICE
- It looks different for each person!

*Remember... The tools without the thinking (PCT) won't work!*

## Let's Look at Some Formats and Tools...





# Examples of Person-Centered Planning Formats

Common types include:

- **PATH**
- **Community Circles**
- **MAPS**
- **Personal Passport**
- **Essential Lifestyle Planning**
- **Personal Futures Planning**
- *And more!*





# Format Examples: Personal Futures Planning



- Identifies “capacities” with help of people who care about the individual (e.g., family and friends, support people, and community members)
- Works to “discover a vision of a desirable future” and make an action plan
- Builds stronger and more effective support by making small, positive changes
- Calls on all team members to have roles and to work creatively together over time as equals

# Format Examples: MAPS



## (Making Action Plans)

- Focuses on a person's gifts, strengths & talents over their challenges or disabilities
- Asks key questions to spur insight, including, 'What is the dream?' 'What is the nightmare?' 'Who is the person?' 'What are the person's gifts, strengths, and talents?' 'What does the person need now?'
- An action plan is developed, detailing *who will do what & when they will do it*



# Format Examples: Essential Lifestyles Planning



- A guided process for learning how an individual wants to live, then developing a plan to make it happen
- Discover what is *important* to a person in everyday life
- Identify what support the person requires to live the life they want, incorporating needs of health and safety (*important for*)
- Describes the results of the guided process in a way that is easily understood by those who will help the person to get what is important to them

# Format Examples: Personal Passport



- Starts by focusing on the people who are important to the individual and will help the individual
- Lists hopes and dreams for the future
- Makes a list of things the individual likes to do and what they need to live the life they want
- Lists the things get in one's way / barriers
- Lists the kind of supports they need to achieve their hopes and dreams



## Examples of Person-Centered Planning *Tools*



- One-Page Profiles
- 4 + 1 Questions
- The Doughnut
- Perfect Week
- Relationship Circle
- Communication Chart
- Learning Log
- What's Working / Not Working
- Decision Making Profile & Agreement
- Hi-Lo Charting



# Resources & Where to Test Some Tools

## (1 of 4)



- **Personal Futures Planning:**

<http://www.helensandersonassociates.co.uk/reading-room/how/person-centred-planning/personal-futures-planning.aspx>

- **MAPS:**

<http://www.helensandersonassociates.co.uk/reading-room/how/person-centred-planning/map.aspx>

- **Essential Lifestyle Planning:**

<http://www.helensandersonassociates.co.uk/reading-room/how/person-centred-planning/essential-lifestyle-planning-.aspx>

# Resources & Where to Test Some Tools

## (2 of 4)



- **Autistic Self-Advocacy Network (ASAN) The Right to Make Choices: International Laws and Decision Making by People with Disabilities Toolkit:**  
<http://www.supporteddecisionmaking.org/legal-resource/right-make-choices-international-laws-and-decision-making-people-disabilities>



## Resources & Where to Test Some Tools (3 of 4)

- **Personal Passport:**

<http://www.allenshea.com/AllStatesPassport.pdf>

- **National Resource Center for Supported Decision-Making**

<http://supporteddecisionmaking.org/>



## Resources & Where to Test Some Tools (4 of 4)



- **PCT/PCP Tools from Michael Smull and The Learning Community for Person-Centered Practices:**

<http://tlcpcp.com/work/>

- **PCT/PCP Tools from Helen Sanderson Associates:**

<http://helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/>

***Note... Both of these sites have tools for use, and videos!***

**Be sure to look at their use policies...**



## How to Use Your PCP for Your IPP or IEP Meeting (1 of 2)



- Give yourself plenty of time and several sessions to develop your initial PCP, before your IPP or IEP meeting
- Talk about your plan *before the meeting* with your team members, so that everyone is prepared to support you
- If a team member is less familiar with Person-Centered Planning, send them some resources ahead of time so they can learn more before your meeting!



## How to Use Your PCP for Your IPP or IEP Meeting (2 of 2)



- Make sure your meeting includes the Person-Centered Planning format or tools you want.
- Take your time in the IPP meeting to talk/walk through your PCP— be proud of this guiding work!
- Take detailed notes yourself, or assign someone to do this for you, using words or pictures that have meaning for YOU!

## Helpful Hints...

- Remember that all individuals change over time; a PCP is meant to be reread often, revisited, revised, redone
  - *It's a living, breathing plan!*





## Other Helpful Hints (1 of 2)



- Check in with IPP members from time to time—  
How is the PCP being utilized? How are other team members / services and support staff utilizing the plan?
- PCP can be helpful in risk assessment when changes occur in a person's life



## Other Helpful Hints (2 of 2)



- Remember that PCT / PCP is especially vital for individuals with limited or nonverbal communication, as well as for individuals that have more specific or escalated emotional or behavioral needs.
- Consider developing or joining a PCT/PCP community of practice, and online forum, or a Meet Up type of group that shares how PCT/PCP is used in their lives or with the people they support and serve– Everyone needs motivation and support to use the philosophies and tools we know make a difference!



**What will YOU do to prepare for your / your loved one's next IEP, IPP or ISP meeting using PCT/P?**





**What would YOU do if your family member had a different idea for your life than what YOU want for your life / if you have a different idea for their life than they have for themselves?**





## **Person-Centered Thinking (PCT) & Person-Centered Planning (PCP)**

**... It's Good for Humans!**



**Connect with us! CA State Council on Developmental  
Disabilities, North Bay Area Office**  
**[northbay@scdd.ca.gov](mailto:northbay@scdd.ca.gov)**

2022-23 CAC Recognition Budget (Approximation)									
	Qty. Needed	Cost	Total						
<b>Awards</b>						Proceeds	Carry Over	7/1/2022	\$ 1,917.00
Star Plaque	10	9.10	\$107.50						
Certificates/Holders	40	36.00	\$36.00						
<b>Sub-Total Awards</b>			<b>\$143.50</b>						
Power Point supplies/Flash Drives	40.00	121.00	\$121.00						
<b>Sub -Total for Power Point Production</b>			<b>\$121.00</b>			<b>Total Proceeds</b>			<b>\$1,917.00</b>
						Expenses			
Duplication	150.00	45.75							
<b>Sub-Total Duplication</b>			<b>\$45.75</b>						
Refreshments									
<b>Sub-Total Refreshments</b>			<b>\$175.00</b>						
								Minus 5%	
Presentation			\$400.00						
<b>Sub-Total Presentation</b>			<b>\$400.00</b>					<b>Total Deductions</b>	<b>0.00</b>
<b>Total</b>			<b>\$885.25</b>		<b>Approx.</b>			<b>Balance Remaining</b>	<b>1,917.00</b>

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<b>Total</b>			<b>\$885.25</b>	<b>Approx.</b>			<b>Balance Remaining</b>	<b>1,917.00</b>

### 2022-2023 Community Advisory Committee (CAC) Meeting Schedule

<b>Date:</b>	<b>Location:</b>	<b>Administrative Liaison:</b>	<b>Agency/Group Presentation:</b>
September 29, 2022	Blue Rock Springs Room	DUSD – Kim Parrott	City of Vacaville – Therapeutic Programs
October 20, 2022	Blue Rock Springs Room	TUSD – Deanna Brownlee	
November 17, 2022	Blue Rock Springs Room	FSUSD – Stavros Gougoumis	
December 15, 2022	Blue Rock Springs Room	BUSD – Julie Corona	NBRC – Diversity and Equity
January 19, 2023	Blue Rock Springs Room	SCOE – Siobhan Dill	Susan Labrecque on Transition
February 16, 2023	Blue Rock Springs Room	VUSD – Aumrey Moland	Alexis Lynch – Conservatorships
March 16, 2023	Blue Rock Springs Room	SCOE – Siobhan Dill	Tobias Weare – PCP/PCT
April 20, 2023	Blue Rock Springs Room	FSUSD – Stavros Gougoumis	Julie Feliz-What is MATRIX
<b>*Monday, May 1, 2023</b> Recognition Ceremony	All 3 rooms		
May 18, 2023	Blue Rock Springs Room	DUSD – Kim Parrott	
June 22, 2023 (If needed)	Blue Rock Springs Room		



## 2022-23 Register of CAC Officers & Voting Members

Name	CAC Position/Yr Nominated	Term Expires	District	Address	Phone	Email / FAX
Erin Biber	Brd Apt'd 8/20	8/22	BUSD	350 East K Street, Benicia, CA 94510	707-315-48769	<a href="mailto:ebiber@beniciaunified.org">ebiber@beniciaunified.org</a>
Yadira Rodriguez	Brd Apt'd 11/22	11/24	DUSD			<a href="mailto:yrodriguez2007@yahoo.com">yrodriguez2007@yahoo.com</a>
Nicole Rabbani	Brd Ap'd 9/22	9/24	FSUSD			<a href="mailto:nicolera@fsusd.org">nicolera@fsusd.org</a>
Shawn Hnatko	Brd Ap'd 10/22	10/24	FSUSD			
Catherine Dailey	Brd Apt'd 9/17 Co- Chair 12/21	8/24 12/23	TUSD		718.8248	<a href="mailto:catdailey3@gmail.com">catdailey3@gmail.com</a>
Kristie Ballard	Brd Apt'd 11/22	11/24	TUSD			<a href="mailto:kballard@travisusd.org">kballard@travisusd.org</a>
Brittany Wallace	Brd Apt'd 11/22	11/24	TUSD			<a href="mailto:bwallace@travisusd.org">bwallace@travisusd.org</a>
Kerry Pilley- Purcell	10/20 Co-Chair 12/21	10/22 12/23	VUSD	307 Folsom Drive, VV 95687	365-1378	<a href="mailto:Cdcop03@hotmail.com">Cdcop03@hotmail.com</a>
Monica Hurtado	Brd Apt'd 9/21	09/23	VUSD	5100 Business Center Drive, Fairfield, CA	399-4460	<a href="mailto:mhurtado@solanocoe.net">mhurtado@solanocoe.net</a>
Angel Hixson	Brd Apr'd 2/22	2/24	VUSD	401 Nut Tree Road, VV	453-6172	<a href="mailto:angelh@vacavilleusd.org">angelh@vacavilleusd.org</a>
Ilah Feeney	Brd Apt'd 2/22	2/24	SCOE			<a href="mailto:ifeeney@solanocoe.net">ifeeney@solanocoe.net</a>
Deborah Simms	Brd Apt'd 11/21	11/23	NBRC	600 Airpark Rd, Napa	256-1186	<a href="mailto:jessicad@nbrc.net">jessicad@nbrc.net</a>
* Voted by Board as an Alternate Member						

## Register of 2022-23 Non-Voting Regular Attendees to CAC Meetings

Name	Position	District	Address	Phone	Email / FAX
Andrew Ownby	Asst. Superintendent	SELPA	SCOE	707.399.4460	<a href="mailto:aownby@solanocoe.net">aownby@solanocoe.net</a>
Shawna Becker	Project Support Analyst	SELPA	SCOE	707-399-4467	<a href="mailto:sbecker@solanocoe.net">sbecker@solanocoe.net</a>
Delaney Chapman- Neevel	Program Coord.	SELPA	SCOE	707-399-4463	<a href="mailto:DChapman-Neevel@solanocoe.net">DChapman-Neevel@solanocoe.net</a>